

Profile of Dr.S.Chandran

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EDUCATIONAL AND PROFESSIONAL QUALIFICATION:

- Doctor of Philosophy in Physical Education (**Ph.D**) from Madurai Kamaraj University (2011-2018).
- Master of Philosophy in Physical Education (**M.Phil**) from Manonmaniam Sundaranar University (2009-2010).
- Master of Physical Education (**M.P.Ed**) from Madurai Kamaraj University, Madurai (2007-2009).
- Bachelor of Physical Education (**B.P.Ed.,**) from Bharathiyar University, Coimbatore. (2006-2007).
- Bachelor of Science (**B.Sc.P.H.S**) from Ayya Nadar Janakiammal College, Sivakasi (2003-2006).
- Master of Science (M.Sc) in Yoga Education from M.S University, Tirunelveli (2017-2019).
- Post Graduate Diploma in Yoga Education (P.G.D.Y.Ed) from Maduarai Kamaraj University, Madurai (2007-2008).

TEACHING EXPERIENCE

- Worked as a Lecturer in Physical Education Department at Kalvithanthai A.K.R. Sourastra teachers' College Madurai from June 2010 to Dec 2012.
- Working as a Assistant Professor & Head cum Director of Physical Education at S.S.D.M. Arts and Science College – Kovilapatti. Form sep 2013 to still now.

AREAS OF SPECIALIZATION

- Athletics
- Hockey

SPORTS ACHIEVEMENT

ATHLETICS

- Form 2 player - All India Inter University Athletic meet won a Gold Medal (1500 mts) and Bronze Medal (4x400 mts) relay in the year 2005.
- National Level 24th Athletic Meet (India) won a Silver Medal in (1500 mts) in the year 2006.
- Form 3 player - All India Hockey Tournament (Inter University) won a Bronze Medal in (Goal Keeper) in 2006.
- Bharathiar University level cross country race won fourth place (team championship) in the year 2006.
- State level physical education athletics meet won a gold (1500mts) medal and bronze (4*400mts Relay) medal in the year 2005.
- M.K.University level athletics in the year 2004-2005. (Five bronze medal and two silver medals respectively).
- Inter college champion in the year 2004-2005.
- State level athletics meet for boys under 18 years won gold (800mts) medal in the year of 2004.
- Intercom (zone) champion at the district level in the year 2002.
- Interschool champion at the zone level in the year 2001-2002.

GAMES

- Bharathiar University level Hockey tournament won a Fourth place in the year 2006.
- State level CICA Hockey Tournament on a Gold medal in the year 2006.
- Inter school level(zone) Football Tournament won a second place in the year 2002.

COMPUTER SKILLS

MS-OFFICE (MS-word, power point, MS-access, MS-excel).

CO-CURRICULAR ACTIVITIES

- N.S.S
- TN. Trekking Expedition from 2005 at Ooty sponsored by UGC-New Delhi.
- Kaya Kalpa course (yoga).

ORGANIZING EXPERIENCE

- Organized Manonmaniam Sundaranar University Intercollegiate Men Hockey Tournament 2019-20.
- Organization Committee member on One day Webinar on “Managing stress during Lockdown” organized by Thoothukudi District Hockey Association on 06th July 2020.
- Organization Committee member on One day National Webinar on “ABJ Abdulkalam Memories” organized by Manonmaniam Sundaranar University Constituent College, Kadayanallur on 27th July 2020.
- Organization Committee member on One day National Webinar on “Chess Despite COVID 19 Pandemic” organized by Thoothukudi District Chess Association and Thoothukudi District Hockey Association on 20th July 2020.
- Organization Committee member on Two days National Webinar on “Rule Its Role in Hockey” organized by Thoothukudi District Hockey Association on 13th & 14th June 2020.
- Organization Committee member on One day National Webinar on “Olympic Vision” organized by Manonmaniam Sundaranar University Constituent College and Thoothukudi District Hockey Association on 22nd June 2020.
- Organization Committee member on One day National Webinar on “Breaking The Barriers: Significant Role of Sports in Peacebuilding” organized by Government Arts and Science College Women, Sathankulam and Thoothukudi District Hockey Association on 16th August 2020.
- Organizational volunteer in the M.K.University/ Bharathiar University athletics meet in the year 2007/2009.
- Organizational volunteer in the 48th National level senior Athletics championship on 2008.
- Organizational volunteer in the M.K.University south zone women’s kabaddi tournament on 2007.
- Organizational volunteer in the Eye Screening camp held on 2001.

OFFICIAL TESTS PASSED

- Handball Official (state level) Exam Passed – 2006.
- Kabaddi Official (state level) Exam Passed – 2007.

- Athletics Official (state level) Exam Passed – 2007.
- Kho-Kho Official (state level) Exam Passed – 2009.

DETAILS OF PAPER PUBLISHED

- International conference (Tamilnadu Physical Education and Sports University) on emerging trends in Sports medicine on 18 to 19th Jan 2017.
- Influence of core training on core strength endurance and balance among school students, Journal of Education and Allied Health Sciences 2017 (7) Page 11 – 14.
- Effect of core stability exercises on core strength and flexibility among school students, , Journal of Education and Allied Health Sciences 2017 (7) Page 25 – 28.

WORKSHOPS / SEMINORS / CONFERENCES PARTICIPATED:

- International conference (Alagappa University) on Yoga for life long fitness on 27th& 28th January 2011 and presented a paper entitled “Effect of suryanamaskar practice on flexibility among residential school girls”.
- M.Phil course Dissertation, M.S. University sponsored on university level thesis as well as internet published thesis on “influence of core stability exercise on core strength, flexibility and core strength endurance among adolescence men”(web: ohiolinked_mr.chandran s.).
- U.G.C Sponsored on state level workshop on examination reforms in B.Ed programme on 22nd& 23rd October 2010 and presented a paper entitled “Examination reform on Physical and Health Education”.
- U.G.C Sponsored seminar on practical Approaches and Applications in sports medicine on 29th January 2010 and presented a paper entitled “Core stability Exercise for Back pain”.
- Participated Workshop on Arts of writing in APA Style, M.S. University, Tirunelveli on 16th& 17th Mar 2015.
- Participated Analysis of selected physical variable among various types of court badminton player, Sri Sundareswari College of Education, Sivakasi on 13th & 14th May 2016.
- Participated Role of Bharatha Natiyam in Rhythamics and Physical Education, Alagappa University on 12th Jan 2017.